ARTS COOKING SPORTS & STEPS



After School Program

Dear Sir / Madam.

I would like to take this opportunity to introduce myself and offer my company's services as to further enhance and compliment your curriculum. My name is Egie Mara Cross and I am the co-founder of the "Essential Skills, Steps and Essential Sports" programme established in 2006.

As a true believer in the great importance of education, I have always taken a keen interest in my child's education. After closely monitoring and researching schools, I noticed that the jam packed weekly schedule mainly focuses on academic subjects such as English, Science and Math. This leaves little time to develop practical and creative skills and Physical well being which contribute to the complete holistic approach to educating tomorrow's future. For this reason, I decided create my own after school programme to combat the constraints of time.

Essential Skills' vision is to mould today's children to instill love for the Arts, creativity, self-esteem, communication and intellectual skills. This is achieved by giving children opportunities to express themselves through honing in on creative practical skills. The complete and resourceful programme is designed to encourage children to problem solve and communicate effectively in both independent and group activities. Essential Sports and Steps vision is to develop not only physical well being but also develop communication, confidence, sel-esteem, team work and sportsmanship in team and individual sports.

These tried and tested techniques focus on basic skills which academic teaching fail to improve upon. Skills taught include cooking, sewing, handicrafts and gardening. Pupils not only enjoy activities but actually learn skills which are required to be truly independent. Pupils are given guidelines to activities though boundaries and targets are set in ways which allow individuals to express and explore their imagination.

Lessons are prepared and planned in such a manner that skills are properly developed and mastered over a period of time. Pupils' progress is tracked by means of portfolios. This invaluable method of assessing progress, include photos of pupils in action, attendance and positive written feedback on their performance.

Sincerely,

Egie Mara Astina

Essential Skills, Steps and Sports Skills

Director of Studies

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