








ESSENTIAL SKILLS - COOKING CLASS

Objective :

- Students will have experiences in simple cooking class with independent team work and cooking ability, Include learn different type of cooking like, *Appetizer, Vegetables, Meals, Lunch, Finger food, Tradional food, Cross country food, Drinks and Moctail, Cookies and Snack.*
- Students will learn Preparation, Cutting, Choose quality ingredients, *Baking, Steam, Fry, Decoration, How to serving, Table manner, Learning how to using cooking tools.*

Our sample subject plan:

No	Subject	Remarks
1.	INDONESIAN OR WESTERN SNACK	
2.	CROSS COUNTRY FOOD	
3.	MEAL	
4.	COOKIES AND CAKE	
5.	APPETISER, PUDING, DRINKS DR TEA MEAL	

Essential Skills Promises:

- To use the safe and good quality ingredients
- Supply the materials necessary for all activities and secure all the students in cooking process
- Prepare all the necessary equipments and provide all the materials.
- Maintain high standards of learning in a professional manner
- Supply a competent instructor to govern lesson
- Administer lessons to our structured lesson guidelines & Continually assess the needs of pupils

Regards,

Egie Mara Astina

Essential Skills, Sports and Steps

